

# NOBODY'S PERFECT parenting

**Free** support for moms and dads  
with children from birth to age 5



Spaces are limited! To register: Christy 204.947.2422 ext. 113

**Meet**  
with other parents  
of young children

**Work**  
together with  
the support of a  
trained facilitator

**Share**  
questions, concerns, and  
ideas about being a parent

**Discuss**  
real-life parenting  
situations

**Discover**  
positive ways  
of parenting

**The Birth Centre**  
**603 St. Mary's Rd.**

**Tuesdays 6:30-8pm**  
**Jan. 14<sup>th</sup> - Feb 18<sup>th</sup>, 2014**

Child minding provided for  
children over the age of 1.

*Nobody's Perfect Manitoba*  
Provincial Office: 204.231.3208  
[www.nobodysperfect.ca](http://www.nobodysperfect.ca)

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women's  
health clinic